IS IT DONE YET?
Use a thermometer for great food, cooked safely every time.

USING YOUR THERMOMETER

PLACE the food thermometer in the thickest part of the food, as close to the centre as possible and it should not touch bone, fat, or gristle.

START checking the temperature toward the end of cooking, but before you expect it to be done.

WASH the stem of your food thermometer before and after each use.

SAFE HOME COOKING TEMPERATURES

- Sausages
- Mince
- Poultry
- Liver
- Rolled roasts
- Reheated food

75°C

- Eggs
- Egg dishes

72°C

*Until white is firm and yolk thickens